

# Don't Wait. Prepare Today.

Be ready for the next natural disaster by creating an emergency supply kit today.



Water (one gallon per person per day for at least three days)



Dust mask, plastic sheeting, and duct tape to keep a makeshift shelter in place



A three-day supply of nonperishable food and can opener



Whistle to signal for help



Flashlight



Wrench or pliers



First aid kit



Extra batteries



Battery-powered or hand-crank radio and a NOAA weather Radio with tone alert



Local maps



Emergency communication plan



Wet wipes, garbage bags, and plastic ties for personal sanitation



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# Family Communication Plan

Emergencies can happen at any time. To be ready, ahead of time, have a family discussion about how you would respond.  
Don't forget to keep this information in a safe place, like your emergency supply kit.

## Out-of-Town Contact

Name:

Home:

Email:

Cell:

## Neighborhood Meeting Place:

Name:

Address:

## Family Information

Name:

DOB:

Social Security Number:

Important Medical Information:

## Family Information

Name:

DOB:

Social Security Number:

Important Medical Information:

## Family Information

Name:

DOB:

Social Security Number:

Important Medical Information:

Write down where your family spends most of their time: work, school, and other places.

#### Parish Information

Workplace:

Address:

Phone:

Website:

Evacuation Location:

#### Medical & Veterinarian Contacts

Doctor:

Phone:

Doctor:

Phone:

Doctor:

Phone:

#### Insurance Information

Medical Insurance:

Phone:

Policy Number:

Group ID:

**Text Don't Talk!** Unless you're in danger, send a text. Texts may have an easier time getting through than phone calls and you don't want to tie up phone lines needed by emergency workers.

**Let Them Know You're Okay!** Decide on one emergency point of contact that each member can call to let him/her know you're okay.